

Wednesday Readings  
I'm Fearless No Matter What  
Bible (ESV unless noted)

Psalm 3:1-2 (MSG)

God! Look! Enemies past counting! Enemies sprouting like mushrooms, Mobs of them all around me, roaring their mockery: "Hah! No help for him from God!"

Job 4:13-16

Amid thoughts from visions of the night, when deep sleep falls on men, dread came upon me, and trembling, which made all my bones shake. A spirit glided past my face; the hair of my flesh stood up. It stood still, but I could not discern its appearance.

Exodus 31:40

There I was: by day the heat consumed me, and the cold by night, and my sleep fled from my eyes.

Numbers 13:1-3, 25, 27-33

The LORD spoke to Moses, saying, "Send men to spy out the land of Canaan, which I am giving to the people of Israel. From each tribe of their fathers you shall send a man, every one a chief among them." So Moses sent them from the wilderness of Paran, according to the command of the LORD, all of them men who were heads of the people of Israel.

At the end of forty days they returned from spying out the land.

And they told him, "We came to the land to which you sent us. It flows with milk and honey, and this is its fruit. However, the people who dwell in the land are strong, and the cities are fortified and very large. And besides, we saw the descendants of Anak there. The Amalekites dwell in the land of the Negeb. The Hittites, the Jebusites, and the Amorites dwell in the hill country. And the Canaanites dwell by the sea, and along the Jordan."

But Caleb quieted the people before Moses and said, "Let us go up at once and occupy it, for we are well able to overcome it." Then the men who had gone up with him said, "We are not able to go up against the people, for they are stronger than we are." So they brought to the people of Israel a bad report of the land that they had spied out, saying, "The land, through which

we have gone to spy it out, is a land that devours its inhabitants, and all the people that we saw in it are of great height. And there we saw the Nephilim (the sons of Anak, who come from the Nephilim), and we seemed to ourselves like grasshoppers, and so we seemed to them.”

Numbers 14:1-2 (to :), 4, 5-9 (to people.), *Don't* (MSG)

The whole community was in an uproar, wailing all night long. All the People of Israel grumbled against Moses and Aaron. The entire community was in on it:

Soon they were all saying it to one another: "Let's pick a new leader; let's head back to Egypt."

Joshua son of Nun and Caleb son of Jephunneh, members of the scouting party, ripped their clothes and addressed the assembled People of Israel: "The land we walked through and scouted out is a very good land—very good indeed. If God is pleased with us, he will lead us into that land, a land that flows, as they say, with milk and honey. And he'll give it to us. Just don't rebel against God! And don't be afraid of those people. Don't be afraid of them!"

Daniel 3:13-17 *Nebuchadnezzar*

Nebuchadnezzar in furious rage commanded that Shadrach, Meshach, and Abednego be brought. So they brought these men before the king. Nebuchadnezzar answered and said to them, “Is it true, O Shadrach, Meshach, and Abednego, that you do not serve my gods or worship the golden image that I have set up? Now if you are ready when you hear the sound of the horn, pipe, lyre, trigon, harp, bagpipe, and every kind of music, to fall down and worship the image that I have made, well and good. But if you do not worship, you shall immediately be cast into a burning fiery furnace. And who is the god who will deliver you out of my hands?”

Shadrach, Meshach, and Abednego answered and said to the king, “O Nebuchadnezzar, we have no need to answer you in this matter. If this be so, our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver us out of your hand, O king.

Daniel 3:26 *Shadrach* (MSG)

Shadrach, Meshach, and Abednego walked out of the fire.

Psalms 3:3-6

...you, O LORD, are a shield about me, my glory, and the lifter of my head. I cried aloud to the LORD, and he answered me from his holy hill.

I lay down and slept; I woke again, for the LORD sustained me. I will not be afraid of many thousands of people who have set themselves against me all around.

Mark 4:1, 35-40 (NIV)

Jesus began to teach by the lake. The crowd that gathered around him was so large that he got into a boat and sat in it out on the lake, while all the people were along the shore at the water's edge.

That day when evening came, he said to his disciples, "Let us go over to the other side." Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"

He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm.

He said to his disciples, "Why are you so afraid? Do you still have no faith?"

1 Corinthians 3:16-17 (MSG)

You realize, don't you, that you are the temple of God, and God himself is present in you? No one will get by with vandalizing God's temple, you can be sure of that. God's temple is sacred—and you, remember, are the temple.

Leviticus 26:2 reverence (to :)

reverence my sanctuary:

Psalms 91:1-6, 11-12 (NIV)

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust." Surely he will save you from the fowler's snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at

midday.

For he will command his angels concerning you to guard you in all your ways; they will lift you up in their hands, so that you will not strike your foot against a stone.

Matthew 4:1, 5-11 *the*

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil.

...the devil took him to the holy city and set him on the pinnacle of the temple and said to him, "If you are the Son of God, throw yourself down, for it is written, "He will command his angels concerning you," and "On their hands they will bear you up, lest you strike your foot against a stone."

Jesus said to him, "Again it is written, 'You shall not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. And he said to him, "All these I will give you, if you will fall down and worship me." Then Jesus said to him, "Be gone, Satan! For it is written, "You shall worship the Lord your God and him only shall you serve."

Then the devil left him, and behold, angels came and were ministering to him.

1 Corinthians 10: 13 (2<sup>nd</sup> ;) (MSG)

No test or temptation that comes your way is beyond the course of what others have had to face. All you need to remember is that God will never let you down; he'll never let you be pushed past your limit;

Psalms 94:18-19 (NIV)

When I said, "My foot is slipping," your unfailing love, LORD, supported me. When anxiety was great within me, your consolation brought me joy.

Hebrews 13:5-6 (MSG)

Since God assured us, "I'll never let you down, never walk off and leave you," we can boldly quote, God is there, ready to help; I'm fearless no matter what. Who or what can get to me?

Ephesians 3:14-19

For this reason I bow my knees before the Father, from whom every family in heaven and on earth is named, that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

John 14:27

Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

Science and Health with Key to the Scriptures  
By Mary Baker Eddy

410:29

Christian scientific practice begins with Christ's keynote of harmony, "Be not afraid!" Said Job: "The thing which I greatly feared is come upon me."

195:11 -12

The point for each one to decide is, whether it is mortal mind or immortal Mind that is causative.

176:17

Human fear of miasma would load with disease the air of Eden, and weigh down mankind with superimposed and conjectural evils. Mortal mind is the worst foe of the body, while divine Mind is its best friend.

151:20-24, 25-28

Every function of the real man is governed by the divine Mind. The human mind has no power to kill or to cure, and it has no control over God's man. The divine Mind that made man maintains His own image and likeness. All that really exists is the divine Mind and its idea, and in this Mind the entire being is found harmonious and eternal.

62:27 (to ;), 29-30

The higher nature of man is not governed by the lower; Our false views of

life hide eternal harmony, and produce the ills of which we complain.

115:21

PHYSICAL. Evil beliefs, passions and appetites, fear, depraved will, self-justification, pride, envy, deceit, hatred, revenge, sin, sickness, disease, death.

188:11-15

Mortal existence is a dream of pain and pleasure in matter, a dream of sin, sickness, and death; and it is like the dream we have in sleep, in which every one recognizes his condition to be wholly a state of mind.

250:15-19, 22-23

A mortal may be weary or pained, enjoy or suffer, according to the dream he entertains in sleep. When that dream vanishes, the mortal finds himself experiencing none of these dream-sensations.

Now I ask, Is there any more reality in the waking dream of mortal existence than in the sleeping dream?

371:11

As frightened children look everywhere for the imaginary ghost, so sick humanity sees danger in every direction, and looks for relief in all ways except the right one. Darkness induces fear. The adult, in bondage to his beliefs, no more comprehends his real being than does the child; and the adult must be taken out of his darkness, before he can get rid of the illusive sufferings which throng the gloaming. The way in divine Science is the only way out of this condition.

376:30

To fear and admit the power of disease, is to paralyze mental and scientific demonstration.

410:15

The more difficult seems the material condition to be overcome by Spirit, the stronger should be our faith and the purer our love. The Apostle John says: "There is no fear in Love, but perfect Love casteth out fear. . . . He that feareth is not made perfect in Love." Here is a definite and inspired proclamation of Christian Science.

125:12-16

As human thought changes from one stage to another of conscious pain and painlessness, sorrow and joy,--from fear to hope and from faith to understanding,--the visible manifestation will at last be man governed by Soul, not by material sense.

516:9-13

God fashions all things, after His own likeness. Life is reflected in existence, Truth in truthfulness, God in goodness, which impart their own peace and permanence. Love, redolent with unselfishness, bathes all in beauty and light.

454:5-9

The understanding, even in a degree, of the divine All-power destroys fear, and plants the feet in the true path, - the path which leads to the house built without hands "eternal in the heavens."

506:10 -12

Through divine Science, Spirit, God, unites understanding to eternal harmony. The calm and exalted thought or spiritual apprehension is at peace.

244:4

Divine Science reveals these grand facts. On their basis Jesus demonstrated Life, never fearing nor obeying error in any form.

495:16 -20

Let neither fear nor doubt overshadow your clear sense and calm trust, that the recognition of life harmonious - as Life eternally is - can destroy any painful sense of, or belief in, that which Life is not.

67:4-11

When the ocean is stirred by a storm, then the clouds lower, the wind shrieks through the tightened shrouds, and the waves lift themselves into mountains. We ask the helmsman: "Do you know your course? Can you steer safely amid the storm?" He answers bravely, but even the dauntless seaman is not sure of his safety; nautical science is not equal to the Science of Mind.

293:21-23, 28

There is no vapid fury of mortal mind--expressed in earthquake, wind, wave,

lightning, fire, bestial ferocity --and this so-called mind is self-destroyed. Christian Science brings to light Truth and its supremacy, universal harmony, the entireness of God, good, and the nothingness of evil.

570:24

The waters will be pacified, and Christ will command the wave.

214:32

Spirit's senses are without pain, and they are forever at peace. Nothing can hide from them the harmony of all things and the might and permanence of Truth.

267:19-24, 28

When examined in the light of divine Science, mortals present more than is detected upon the surface, since inverted thoughts and erroneous beliefs must be counterfeits of Truth. Thought is borrowed from a higher source than matter, and by reversal, errors serve as waymarks to the one Mind, in which all error disappears in celestial Truth.

"Blessed is the man that endureth [overcometh] temptation: for when he is tried, [proved faithful], he shall receive the crown of life, which the Lord hath promised to them that love him." (James 1: 12.)

45:16 only

Glory be to God, and peace to the struggling hearts!